

Provide detailed suicide awareness resources for school administrators, faculty and staff members, parents and caregivers, and students. See inside for details.



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PROMOTION CODE

CUSTOMER NUMBER

Lifelines:

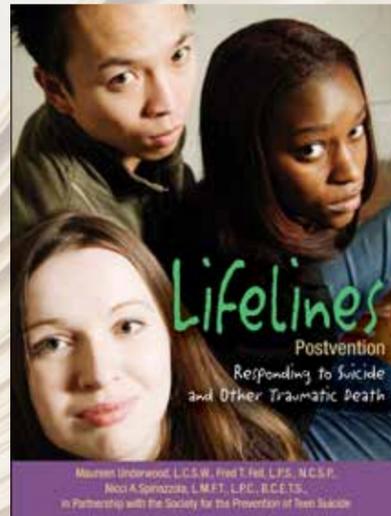
A Suicide Prevention Program

When teens talk about suicide as a viable option, you can be their Lifeline.

Coming this fall:

Lifelines Postvention: Responding to Suicide and Other Traumatic Death.

Written by a coauthor of *Lifelines: A Suicide Prevention Program*, this postvention program educates everyone in the school community about how to successfully address and respond to any type of traumatic death that profoundly affects the school population.



2873 / \$99.00



Lifelines: A Suicide Prevention Program



The Statistics Are Disturbing:

- Suicide is the 3rd leading cause of death in adolescence.
- It is the 2nd leading cause of death in college students.
- There are 50-200 suicide attempts for every completion.
- Almost 7% of high school students report making a suicide attempt.
- Over 14% of high school students report suicidal thoughts.

Fortunately, there is a resource that can help. *Lifelines: A Suicide Prevention Program* is a comprehensive, whole-school curriculum specially designed for middle and high school students. This engaging program educates students on the facts about suicide and their role in preventing it from happening.

Lifelines provides detailed suicide awareness resources for school administrators, faculty and staff members, parents and caregivers, and students. Information about suicide and the role of students in suicide prevention is presented in engaging, easy-to-follow lessons.



What's Included

Along with the *Lifelines* facilitator guide, a CD-ROM is included that contains two PowerPoint presentations, all handouts and reproducible materials, as well as resources for school administrators, faculty and staff members, parents and caregivers, and students.

Two DVDs are also included with the *Lifelines* curriculum. The *Lifelines* DVD is made up of two separate videos: *A Teen's Guide to Suicide Prevention* contains scenarios showing teens how to recognize the warning signs of suicide in their peers and how to get help for a peer who may be thinking about suicide. *One Life Saved* documents the true story of a suicide intervention that occurred after three students had participated in the *Lifelines* program.

A bonus DVD, *Not My Kid: What Every Parent Should Know*, is also included with the program. This video helps answer commonly asked questions that parents and caregivers have about teen suicide.

How It Works

Students participate in role-playing exercises that teach what to do when faced with a suicidal peer. The exercises feature an emphasis on seeking adult help and frank discussions on the warning signs of suicide.

In the process of teaching students how to help a friend, students who may be considering suicide themselves will learn the importance of getting help as well.

Implementing Lifelines

Lifelines is made up of four parts: administrative consultation, faculty and staff training, a parent workshop, and the student curriculum.

Administrative Consultation

This is completed before any other parts of the *Lifelines* program can be implemented. In this important component, school administrators review their school's internal and external resources for responding to the needs of students who are potentially at risk for suicide. Administrators should also update policies and procedures for dealing with suicide attempts and completions. A sample policy is included with the program.

Faculty and Staff Training

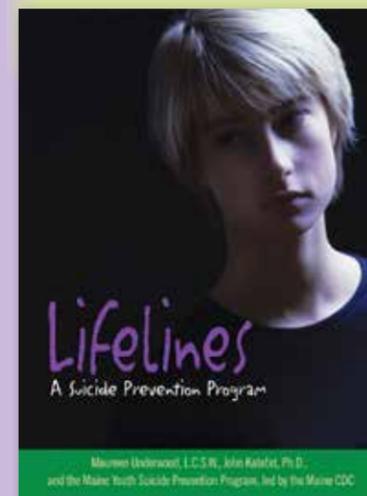
This is an in-service training. This training explains the *Lifelines* approach to youth suicide prevention, reviews current information about youth suicide, and explains the role of school staff in suicide prevention.

Parent Workshop

The workshop is completed before the delivery of the student curriculum. This important workshop explains why the school is addressing the critical issue of youth suicide.

Student Curriculum

The curriculum has four 45-minute lessons that include detailed lesson plans and video resources that explain the facts surrounding suicide and students' role in suicide prevention. The program also reviews in-school and community resources.



For additional information, visit hazelden.org/lifelines.

Ordering is easy.
hazelden.org/bookstore • 800-328-9000

2759 / \$225.00